

# Shillington Lower Bulletin

[www.shillingtonlower.co.uk](http://www.shillingtonlower.co.uk)



**Our value of the month is: Responsibility**

THURSDAY 1ST FEBRUARY 2018

## Mindfulness day

On Wednesday 24th January we practised learning how to have present moment awareness and Pause, Breathe and Smile. By practising mindful presence and awareness the children learn to pause for a moment, to catch their breath and to get a sense of what they need at this moment in time.

The children listened to relaxing music and played with mint scented play dough and finger paints scented with lavender. They wrote about the Mindfulness Day and some said that they didn't realise they could control their breathing and feel so good knowing that they had learned techniques on how to handle difficult emotions.

"I thought this afternoon was really calm. I really enjoyed it! I appreciated you setting this up. My favourite part was playing with the scented playdough" (Rheanna)

"I felt calm and peaceful" (Jett)

"I loved doing the meditation" (Diana)

"It was fun playing with the minty playdough" (Ethan )

## Children's Mental Health Week 5th February– 11th February

To promote the importance of children's mental health we will be spending some time next week looking at how to keep our mental health fit. We will be focusing on how unique we all are and how important it is to be ourselves. On **Thursday 8th February** children are invited to dress in bright colours and donate £1 to CHUMS, a local charity based in Silsoe that supports children with mental health and emotional wellbeing.

We will also be holding a coffee morning to support this invaluable charity. **Donations of cakes or biscuits would be greatly received, please bring them into the school office on Wednesday 7th or Thursday 8th first thing.**

*Please* all pop in for coffee, cake and a natter once you have dropped off, a representative from CHUMS is also attending with lots of information and merchandise.

We hope we can all get together to support this fantastic charity.



### Shillington Superstars

Rainbows:

Martha & Summer

Unicorns:

Oliver & Bailee

Dragons:

Alex & Daniel

Centaur:

Maisie & Oscar

Phoenix:

Denis & Sally



## Pixie News

This week in Pixies we have been reading the story of 'Shaun the Shy Shark.' We have made sea creatures using lots of junk modeling materials as we carry on our Under the Sea topic. Our song of the week this week is Five Little Monkeys. We have also enjoyed icing biscuits.

## Unicorns News

In Unicorn class this week we have been developing our creative writing skills by inventing our own alien characters and using adjectives to describe them.

Mrs Wotherspoon has also been busy designing and making robots with the children which will be winging their way home.

## Centaurs News

In Centaurs Class this week we have been researching all about the 'The Making of Harry Potter Studios' to help us write our own information leaflet about the studio. In maths we have been learning about different units of measurement. The children have been measuring their heights in metres and the length of their feet in millimetres and centimetres. We then compared and converted the measurements. The children have also been showing some of their fantastic homework presentations on the UK.

## Rainbows News

This week in Rainbows we have been focusing on the story 'The Snail and the Whale.' We have been thinking about rhyming words, playing rhyming games and writing lots down! In Maths this week we have been solving one more than and one less than problems. We have had lots of fun in the afternoons creating our own puppet shows and performing them to our friends.

## Dragons News

In Dragon Class this week we have been recounting last week's Bird Man visit by writing newspaper articles, we focused on using conjunctions to join our sentences together. In Maths we have been looking at 2D and 3D shapes, we have written riddles to see if our partners could guess our mystery shapes. In Science we created short films to share our knowledge and learning about animals and their habitats. We used the ipads to take photographs of habitats around the school grounds before putting these into the imovie app.

## Phoenix News

In Phoenix Class this week we have been writing our own myths and legends. The children have researched and created their own mythical characters and created their own stories. In maths we have been learning about different units of measurement. The children have been measuring the lengths and weights of objects in the classroom. We have also been doing lots of singing in preparation for our Young Voices performance!

## Diary Dates

6th February Parents evening – 2-6pm  
 8th February Parents evening – 4-8pm  
 20th February SAT's year 2 info evening—6.00pm  
 26th – 28th Mar Year 4 residential visit to Caythorpe Court

## Term Dates;

### Spring Term 2018

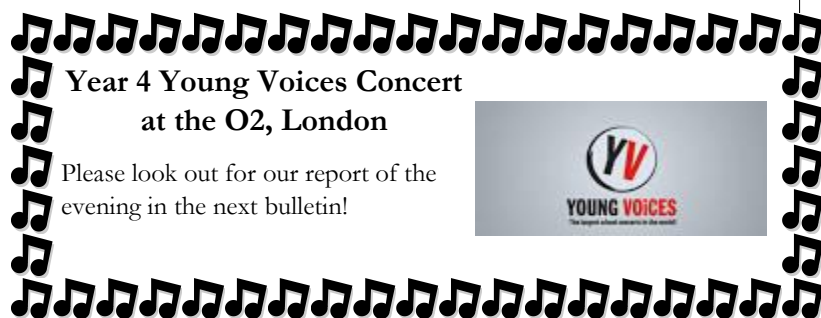
Wednesday 3rd Jan – Thursday 29th March 2018  
 (Half term 12th – 16th Feb)

### Summer Term 2018

Tuesday 17th Apr – Friday 20th Jul  
 (Half term 28th May – 1st June)

May Day – 7th May – sch closed

\*\*Please note our school is open on the 4th June  
 (some surrounding schools are closed)\*\*



## Good news awards this half term

Since the start of term the following children have been to see me and their names are in the Good news book. They all got sparkly stickers to show how proud of them, their teacher and I are. I love having the children visit me and show me their fantastic achievements. It's great to get to know them.

Miss Woodham.

### Week up to 12.1.18

Charlotte (Y1) - handwriting, Ellen and Teagan(Y1) - story maps and plans, Liam (Y1) - alien picture, Summer (Y3) - choosing maths as an independent activity to practice a skill she'd just learnt, Loui (Y2) - Improving his painting skills, Elio, Natalie, Jack, Harry T, Rosanna (all Y3)—amazing acting ability.

Kara (Rec) - counting and writing numbers.

Adora—(Rec) - super writing.

### Week ending 19.1.18

Dylan (Y4) - handwriting, Maisy (Y2) - Handwriting, Logan (Y2) - handwriting, Natalia (Y3)—Characters' speech bubbles.

Heath (Rec) - writing, Louie, Amber, Harry, (Y4) - writing descriptions, Kai (Rec) - reading, Harry M (Y3)—using speech punctuation, Ethan (Rec) - fabulous writing, Dexter (Rec) - fabulous writing, Max (Rec) - describing an old and new shell, Natalie (Y3) - completing a blank times table grid, Ellen, George and Cooper (all Y1)—natural people making, Corbin (Y2)—handwriting, Martha and Limani (Rec) —independent maths work, Harry T (Y3) - super writing skills, Lottie and Adora (Rec) - writing.

### Week ending 1.2.18

Charlie H, Ethan, Poppy, Lily E and Jaimee (all Y1)—writing, Rosanna (Y3)—super UK booklet, Alexcia (Y3)—adding 3 digit numbers, Ellen (Y1) —making a house with split pins and paper, Oliver (Y1) —making a moving teddy in DT.

Joe (Y3) - 3D shape drawing.

Poppy (Y1) —Writing an alien description with a matching picture.

Leyla (Yr 2) - exciting writing.

Limani, Adora, Ethan, Summer, Thea, Elsie, Ben, Phoenix (all Rec)—rhyming words.

Heath (Rec)—amazing illustrations of the snail and the whale.

Ryan (Yr1) - excellent writing that went onto 2 pages!